

# WORTH MOUNTAINS OF GOLD

During Change of Life, says Mrs. Chas. Barclay

Graniteville, Vt. — "I was passing through the Change of Life and suffered from nervousness and other annoying symptoms, and I can truly say that Lydia E. Pinkham's Vegetable Compound has proved worth mountains of gold to me, as it restored my health and strength. I never forget to tell my friends what Lydia E. Pinkham's Vegetable Compound has done for me during this trying period. Complete restoration to health means so much to me that for the sake of other suffering women I am willing to make my trouble public so you may publish this letter." — MRS. CHAS. BARCLAY, R.F.D., Graniteville, Vt.

No other medicine for woman's ills has received such wide-spread and unqualified endorsement. No other medicine we know of has such a record of cures of female ills as has Lydia E. Pinkham's Vegetable Compound. For more than 30 years it has been curing female complaints such as inflammation, ulceration, local weaknesses, fibroid tumors, irregularities, periodic pains, backache, indigestion and nervous prostration, and it is unequalled for carrying women safely through the period of change of life. It costs but little to try Lydia E. Pinkham's Vegetable Compound, and, as Mrs. Barclay says, it is "worth mountains of gold" to suffering women.

SORRY, BUT—



"Would you mind lendin' me er dime, Willie?"

"Not at all, old chap. But its after bankin' hours an' I ain't got me check book handy!"

Sheer white goods, in fact, any fine wash goods when new, owe much of their attractiveness to the way they are laundered, this being done in a manner to enhance their textile beauty. Home laundering would be equally satisfactory if proper attention was given to starching, the first essential being good Starch, which has sufficient strength to stiffen, without thickening the goods. Try Defiance Starch and you will be pleasantly surprised at the improved appearance of your work.

Latest from Atchison. This is the latest story in Atchison: A young visiting man was declaring that the theory is all nonsense about kissing being dangerous on account of germs conveyed from one mouth to another. "I've kissed hundreds of girls," he declared, "and I'm not dead yet."

Promptly one of the listeners inquired: "But what about the girls?" —Kansas City Journal.

Unfortunately Coupled. Alison tells how during Napoleon's Egyptian campaign no sooner were the Mamelukes observed at a distance than the word was given: "Form square; artillery to the angles; asses and savans to the center." The command afforded no little merriment to the soldiers even at such an exciting moment, and made them call the asses demi-tyrans.

YELLOW CLOTHES ARE UNSIGHTLY. Keep them white with Red Cross Ball Blue. All grocers sell large 2 oz. package, 5 cents.

Instead of making a fool of a man a woman furnishes the opportunity—and lets him do the rest.

Tell the Dealer you want a Lewis' Single Binder cigar for its rich, mellow quality.

The smile that is honest is the one that won't come off.

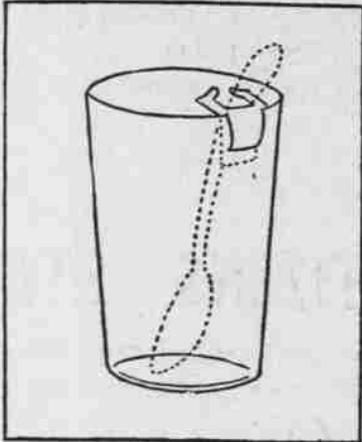


Readers of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

## HOLDS THE SPOON IN GLASS

Handy Device That Will Do Its Part Toward the Promotion of Comfort.

Among the numerous minor inventions that seem trifling in themselves but add so much to the comfort of humanity is the spoonholder devised by a New York man. It is a simple little device, but is of great convenience for use on tall glasses, such as those used for iced tea, etc. The device consists of a piece of metal bent



Fits Any Glass.

at the top to form two arms, with the opening between them just wide enough to admit the handle of a spoon, inserted sideways, and with the wide part just narrow enough to keep the handle of the spoon from slipping through. The lower part of the holder consists of a flat strip which runs down inside the glass and a spring clip on the back which goes outside the glass and clamps the whole firmly on. The spoon, when not in use, is hung on the holder and does not fall into the bottom of the glass. While the device fits on the edge of any receptacle, it is chiefly employed where the receptacle is deeper than the spoon is long.

## TO GRACE THE SUPPER TABLE

Formula for Fruit Omelet That Has Recently Sprung into Deserved Popularity.

Hostesses are now serving a fruit omelet made by the following formula:

Chop raisins, currants, candied peels, citron, oranges and lemons, figs and French prunes or any similar fruits until you have a scant half-cupful when mixed. They can be put through the meat cutter, using a coarse knife and having about equal parts of the different fruits.

When the fruits are mixed add just a dash of powdered cinnamon. Put the mixture in a double boiler with the juice of an orange and allow it to cook for 30 minutes.

To make the omelet itself break four eggs into a dish and beat them lightly and quickly, but merely enough to mix the yolks and whites together. Add a teaspoonful of powdered sugar and a teaspoonful of butter. Melt a second teaspoonful of butter in the chafin dish. Get it hot, but without allowing it to brown; then turn in the eggs. Shake the pan so that they will not set. Let them brown until the egg is well cooked, lifting the set part as this is formed to allow the raw to run upon the hot pan.

The moment the omelet is well set pour in the hot fruit, folding over quickly and turn on a plate. Sprinkle it with powdered sugar and serve immediately.

Use of Hard Water. Housewives who are obliged to use hard water will find this process of dish washing very easy: Puncture the bottom of a dish pan full of holes by means of a hammer and nail. Screw into the faucet a nozzle, provided with a good sprayer, pile the dishes loosely in the pan and place the pan on two bricks in the sink. Spray the dishes with hot water until there is no doubt of their cleanliness. If there are some unusually greasy dishes put them loosely in this leaky dish pan and put the whole to soak in a larger pan containing hot suds of washing soda and soap. Rinse them under the sprayer.

Escalloped Corn. A delicious dish and one not commonly known is escalloped corn. This dish is prepared the same as escalloped oysters, except that canned corn (or fresh sweet corn in its season) is used instead of oysters. Butter a pudding dish and place therein alternate layers of crackers or bread crumbs and corn, having the crumbs for first and last layers. Use a generous allowance of butter, with salt and pepper to taste. Pour milk over the whole and bake to a moderate oven.

Baked Bean Salad. Do you know what a nice salad can be made from baked beans?

Just put a heaping spoonful on a lettuce leaf, pour boiled dressing over them, and you have one of the most delicious and one of the most inexpensive salads you ever tasted.

That is, of course, supposing the famous New England dish is one of your well established favorites.

Mountain Cake. One cup of sugar, half a cup of butter, half a cup of milk, two cups of flour, two eggs, half a teaspoonful of soda, one teaspoonful of cream of tartar.

Economical Lemonade. Put the lemon through the meat chopper and in this way the juice is all extracted. One lemon will make a quart of lemonade.

## PROVED BY TIME.

No Fear of Any Further Trouble.

David Price, Corydon, Ia., says: "I was in the last stage of kidney trouble—lame, weak, run down to a mere skeleton. My back was so bad I could hardly walk and the kidney secretions much disordered. A week after I began using Doan's Kidney Pills I could walk without a cane, and as I continued my health gradually returned. I was so grateful I made a public statement of my case, and now seven years have passed, I am still perfectly well." Sold by all dealers. 50c a box. Foster-Milburn Co., Buffalo, N. Y.

## WIFELY SOLICITUDE.



Burglar—Hands up! Wife—Oh, John, be careful of those globes; you'll break them!

In the Future. First Ward Politician—We'll carry our ticket.

Second Ditto—But you forget our opponent is the reform candidate, and he will get all the women's votes.

First W. P.—Won't be any women's votes to count.

Second Ditto—How do you know they won't vote? First W. P.—Because we have arranged with the stores to have big bargain sales on election day.—Baltimore American.

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

Trifle Too Esthetic. "There's no use o' talkin'," said Farmer Cornstossel, as he sat down on the horse trough. "I can't git along with some o' these here summer guests." "What's the trouble?" "I have jes' been lectured by that good lookin' young woman with glasses fur sp'illin' the color scheme of the garden by puttin' pars green on the vegetables."

Rough on Rats, unbeatable exterminator. Rough on Hen Lice, Nest Powder, 25c. Rough on Bedbugs, Powder or Liq'd, 25c. Rough on Fleas, Powder or Liq'd, 25c. Rough on Roaches, Pow'd, 15c. Liq'd, 25c. Rough on Moth and Ants, Powder, 25c. Rough on Squeeters, agreeable touse, 25c. E. S. Wells, Chemist, Jersey City, N. J.

Within Her Means. A pretty little girl of three years was in a drug store with her mother. Being attracted by something in the showcase, she asked what it was. The clerk replied: "That is a scent bag." "How cheap!" replied the little girl. "I'll take two!" —Lippincott's Magazine.

Their Appropriate Place. "What is this institution?" "One where all the next-to-nature's heart faddists ought to go." "Why so?" "Because it is a home for the feeble-minded, where all the inmates lead the real simple life."

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of J. C. F. Little. In Use For Over 30 Years. The Kind You Have Always Bought.

Shows No Improvement. "I don't see that her college education has improved her much." "No?" "No. She helps her mother with the housework just as if she hadn't been educated." —Detroit Free Press.

Don't dope yourself for every little pain. It only hurts your stomach. Such pain comes usually from local inflammation. A little rubbing with Hamlin's Wizard Oil will stop it immediately.

What Was? Miss Orange—Do you know Poe's "Raven?" Mr. Black—Why, no; what's the matter with him? —Harvard Lampoon.

WHY TAKE ANY CHANCES with some untried medicine, diarrhea, cramps, dysentery, when for 7 years Fink's (Ferry) Dysentery has been relieving millions of cases.

A man seldom has as big a bank balance as he wants acquaintances to believe he has.

During her courtship no girl is in favor of disarmament.



W. K. Kellogg

\$1,000 Gold and Silver Award For the best Ear of Corn

To be known as the W. K. Kellogg National Corn Trophy To be Awarded at the NATIONAL CORN EXPOSITION, OMAHA, Dec. 6 to 18, 1909. We offer a \$1,000.00 beautiful solid gold and silver trophy for the person growing the best ear of corn in two different seasons, the first season's specimen to be sent to the National Corn Exposition Omaha, Neb., before Nov. 27th 1909. This offer is open to every man, woman or child in the United States. It will be judged by the leading corn authority of the world, Prof. P. G. Holden. Watch this paper for further particulars. KELLOGG TOASTED CORN FLAKE CO., Battle Creek, Mich.

He Was Well Equipped. A Methodist bishop was recently a guest at the home of a friend who had two charming daughters. One morning the bishop, accompanied by the two young ladies, went out in the hope of catching some trout. An old fisherman, out for the same purpose, wishing to appear friendly, called out:

"Ketchin' many, pard?" The bishop, straightening himself to his full height, replied: "Brother, I am a fisher of men."

"You've got the right kind o' bait, all right," was the fisherman's rejoinder.—Success Magazine.

Tapering Off. Whereas, I, Kitty Cameron, have far too many beaux. (They say that I encourage them. It really is not so!) Whereas, To make life simple is what I most desire, for which just concentration is all that I require; Resolved, That I, instanter, before it is too late, agree hereby without reserve strictly to concentrate—to give up splitting waltzes and such alluring tricks, cut down my field of labor and concentrate on six.—New York Sun.

Starch, like everything else, is being constantly improved, the patent Starches put on the market 25 years ago are very different and inferior to those of the present day. In the latest discovery—Defiance Starch—all injurious chemicals are omitted, while the addition of another ingredient, invented by us, gives to the Starch a strength and smoothness never approached by other brands.

A Poser. The wife addressed her husband plaintively—John William! You are taking salmon again, and you know that you must never take anything which does not agree with you. John William smiled sadly—I wish I never had, my dear; but where would you have have been?—Stray Stories.

Measuring Brains. The cephalic index of old Athenians was a wee, wee bit better than ours. Cephalic index means volume of brain. It is found by filling a skull with peas and then measuring them. Ancient Athenians have a few peas on us. The Greeks never lusted bloodshed like the Romans and some of us moderns. —New York Post.

Mother-in-Law Again. Husband—Why do you hate to see me come home smiling? Wife—Because I know it means something has happened to poor mother.—Illustrated Bits.

A Feminine Chronometer. Knicker—How long does your wife plan to be away? Bocker—Two trunks.

IF YOU USE BALL BLUE. Get Red Cross Ball Blue, the best Ball Blue. Large 2 oz. package only 5 cents.

Some of the biggest things upon which angels look are not mentioned in the newspapers.

Mrs. Winslow's Soothing Syrup. For children's teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Don't forget that a divorce suit costs more than a wedding suit.

Smokers like Lewis' Single Binder cigar for its rich, mellow quality.

A man who is good only on the surface is no good.

Ask For This

Kellogg's TOASTED CORN FLAKES

Look For That

## Cleanliness

Would you rather sleep in a room with paper stuck to the walls with dirty paste, or would you prefer the sweet cleanliness and soft beauty of

Alabastine The Sanitary Wall Coating

Alabastine is a powder made of Alabaster rock sold in packages. Simply mixed with cold water and applied it is far better than kalsomine. More beautiful, more healthful and more economical.

Try it. All dealers.

## SICK HEADACHE

CARTER'S LITTLE LIVER PILLS. Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Biliary, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER, etc.

They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature. REFUSE SUBSTITUTES.

## A WEDDING TROUSSEAU

As nearly perfect as possible, is the desire of every bride, whether fifty or five hundred dollars is expended upon it. My enormous experience in the past twenty years with hundreds of patrons living at a distance enables me to produce for my customers everywhere, the same suit, or gown, faultless in taste, fit and finish, that a resident of Topeka enjoys. A letter from you will bring returns in the way of a gown for any occasion, of the latest material, style, color and trimming, to fit both the wearer and the purse. Or, I will make up customer's own material.

Do not fail to write me. My long experience is the best guarantee that you will be pleased, that can be produced.

MRS. M. J. MERCER. Suits, Wraps, Gowns. Commerce Bldg., TOPEKA, KAN.



This Trade-mark Eliminates All Uncertainty in the purchase of paint materials. It is an absolute guarantee of purity and quality. For your own protection, see that it is on the side of every keg of white lead you buy.

NATIONAL LEAD COMPANY 1902 White Building, New York

FIVE STOCK AND MISCELLANEOUS. In great variety for sale at the lowest prices. BUREAU NEWSPAPER TRUST, Kansas City, Missouri.

W. N. U. WICHITA, MO. 35-1909.

## CUTICURA COMFORT



## FOR LITTLE FAT FOLKS

Most grateful and comforting is a warm bath with Cuticura Soap and gentle anointings with Cuticura. This pure, sweet, economical treatment brings immediate relief and refreshing sleep to skin-tortured and disfigured little ones and rest to tired, fretted mothers. For eczemas, rashes, itchings, irritations and chafings, Cuticura Soap and Cuticura Ointment are worth their weight in gold.

Sold throughout the world. Depots: London, 27, Catherine Lane; Paris, 6, rue de la Paix; Australia, R. A. Brown & Co. Sydney; India, B. K. Paul, Calcutta; China, Hong Kong Drug Co., Japan, Maruya Ltd., Tokyo; Russia, Ferret, St. Petersburg; Africa, Lenson, Ltd., Cape Town, etc. U.S.A., Foster Drug & Chem. Corp., Sole Props., Boston.

## A \$-Dollar for a Dime

Why spend a dollar when 10c buys a box of CASCARETS at any drug store? Use as directed—get the natural, easy result. Saves many dollars wasted on medicines that do not cure. Millions regularly use CASCARETS. Buy a box now—10c week's treatment—proof in the morning.

CASCARETS 10c a box for a week's treatment, all druggists. Biggest seller in the world. Millions begin a month.

## Broom Corn Shippers or Broom Corn Associations

Correspond with us. We want Broom Corn. COYNE BROTHERS 160 South Water Street, CHICAGO Quick Answer.

DEFIANCE Cold Water Starch makes laundry work a pleasure. 10c pk. 10c.

# You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA GREOLE" HAIR RESTORER. PRICE, \$1.50, retail.